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# PROSPERITY

*Paradigm* FORMULA

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## Table of Contents

Prosperity Paradigm Formula.....	2
Step 1: Envisioning Your Reality.....	2
Action step:.....	2
Step 2: Falling In Love.....	2
Action step:.....	2
Step 3: Living On Purpose.....	3
Action step:.....	3
Step 4: Seeing Beyond The Veil.....	3
Action step:.....	3
Step 5: Living In Grace.....	3
Action step:.....	4
Step 6: Playing by the Rules.....	4
Action step:.....	4
Step 7: Charting the Course.....	4
Action step:.....	5
Step 8: Speaking The Truth.....	5
Action step:.....	5
Step 9: Acting The Part .....	5
Action step:.....	5
Step 10: Follow Your Bliss.....	5
Action step:.....	6
Step 11: Look in the Mirror.....	6
Action step:.....	6
About Barbera.....	7
Could this possibly be you?.....	7
What do I do?.....	8
Sources:.....	9

## Prosperity Paradigm Formula

A paradigm is a set of experiences, beliefs, values and assumptions that affect the way an individual perceives reality and responds to that perception (habits).

Each of us has the potential to create a wondrous, masterpiece of our life; yet so many end up with the off-the-shelf-art, the velvet painting version of life, simply because they don't have the tools needed to create the masterpiece; or they have but don't know how to apply the tools.

In other words your assumed and unexamined personal beliefs and individual predominant methods of thinking may actually be holding you back from fulfilling your potential to self-actualize and to create massive personal success.

### ***Step 1: Envisioning Your Reality***

The very first step in getting what you desire is to actually decide exactly what it is that you desire.

The beginning of any intentionally created event or circumstance in your life is to first create the ideal in your imagination.

#### **Action step:**

- Create an exact ideal of your success in your imagination and begin to consistently hold your ideal in your mind.
- Describe your ideal in writing. Share it with a friend/buddy. Enhance it.

### ***Step 2: Falling In Love***

The things that show up in your life show up because of what you think and how you feel. Those are your choice points.

One of the major secrets to consciously creating a successful and fulfilling life is to learn to fall in love with your ideal.

#### **Action step:**

- Develop enthusiasm and passion for your life, your purpose and your ideals.
- Spend 10 minutes every morning contemplating your ideal, visualizing it as real.

### ***Step 3: Living On Purpose***

The 4 principle elements of conscious creation are:

1. thought
2. desire
3. belief
4. intent

Self-mastery is attained when one established conscious control of all four elements.

When you are and act without intentionality, you are simply a creature of event and circumstance. When you bring intentionality to all that you are and all that you do, you become a causal agent and can consciously create the events and circumstances that will provide the ease and abundance you desire.

#### **Action step:**

- Ask yourself always: what is my intention in thinking this way, in feeling this way, in doing this way?

### ***Step 4: Seeing Beyond The Veil***

Life delivers pretty much what you expect it will.

If you want to have success in life, you must train yourself to expect success.

You are constantly creating your experience by the choices you make.

In fact, the choices you make determine who you are as well as what you have as an experience.

#### **Action step:**

- Constantly affirm the reality of your ideals. Share them with your mastermind group.
- Create a strategic plan of implementation
- Create a treasure map (also known as a vision board)

### ***Step 5: Living In Grace***

The choice to adopt and hold a moment-by-moment attitude of gratitude is the choice that differentiates those who suffer the slings and arrow of misfortune and those who are blessed with a joyous, abundant life.

When you make the conscious choice to begin expressing your continuous gratitude, you will find that the quality of your life improves dramatically and that the success you desire is attracted into your life.

**Action step:**

- Begin each day with an expression of gratitude for the multitude of blessings that you already have in your life.
- End each day with an expression of gratitude for all the things that you are in the process of creating.

**Step 6: Playing by the Rules**

- **The Law of Cause and Effect**  
There is a reason why things are the way they are
- **The Law of Comprehensiveness**  
All is one.
- **The Law of Conservation**  
Energy can neither be created nor destroyed
- **The Law of Harmonics**  
Everything is vibration
- **The Law of Polarity**  
Everything exists in pairs of opposites
- **The Law of Attraction**  
Like energy is attracted to like energy
- **The Law of Allowingness**  
Everything can be transformed from one state to another
- **The Law of Abundance**  
Everything multiplies
- **The Law of Compensation**  
Everything is in balance.

**Action step:**

- Spend at least 30 minutes a day reading success literature
- Turn off your television and turn on your inner vision

**Step 7: Charting the Course**

If you just set off on a journey without a destination in mind and without a map to follow or directions on how to get to your destination, you may end up who knows where.

A specific plan of action is the only way to ensure that you will succeed at creating any ideal. Break it down into 5 year, 1 year, 6 month, 3 month, 1 month and this week segments.

**Action step:**

- Create a written and specific set of time goals that are in harmony with your chosen ideals.

- Use a daily planner to manage priorities and time.

### ***Step 8: Speaking The Truth***

If you listen carefully to what other people speak about, you will soon come to see the truth of that old saying: “ Above average people talk about ideas, average people talk about things and below average people talk about other people.”

Super successful people spend a lot of time talking about ideals. What ideals? The ones they create in their own imagination.

#### **Action step:**

- Constantly affirm to yourself AND others the reality, beauty and purpose of your ideals.
- Pay constant attention to your own self-talk.
- Spend 10 minutes a day thinking about your thinking.

### ***Step 9: Acting The Part***

Knowledge, understanding and wisdom can teach you the best way to act and thus produce better results; but knowledge alone, understanding alone, wisdom alone, do not produce tangible material results. It requires action to produce results.

You can, for example, fully understand how the Law of Attraction works and you can have a harmonious mental attitude; but if you want to create material abundance or financial success and you don not enact what you know by applying it within the available and proven ways to produce success, then your knowledge and education is wasted.

#### **Action step:**

- Create each evening a next day “To Do” list extracted from your written goals.
- Take action. Prioritize. Manage your time. Persist.

### ***Step 10: Follow Your Bliss***

Since passion is a critical part of manifestation success, it may be easier for you to do what you already love rather than to learn to love what you must do to create success.

Discover what thrills you.

What would you do if money was not an issue?

What would you do if you could do anything?

**Action step:**

- Take a full day and go out into nature; think about what you would do IF you had a large enough Trust Fund to take care of all the necessities and luxuries you need.
- Then get together with your mastermind team and figure out how to implement that into an action plan that pays.
- Allow your imagination to play with possibilities.

**Step 11: Look in the Mirror**

Know Thyself is the primary principle of self-mastery and mastery of life.

Take the time to examine your beliefs, the way you think and your personal motivations.

You are not your body, not your mind, not your job or function, not your religion, not your name, not your race or your gender. You are more than that.

You are the energy/entity/observer that asks the question. You are the chooser. You are the creator of your reality.

**Action step:**

- Make a list of your fundamental beliefs about life, yourself, your ability to create success.
- Resolve to discard those beliefs that do not serve you and to take on new ones that do serve you.
- Commit to thinking about what contributes to your success instead of those things that detract from your success.

In order to have the things (results) you desire, you must do what needs to be done.

In order to do what needs to be done, you must become the person capable of doing those things.

Become who you need to be in order to

Enact what needs to be done in order to

Attain what you desire to have.

## **About Barbera**

I'm a Dutchie traveling the world while helping others achieve greatness ě

I'm on a mission to empower intuitive ambitious aliens (hsp, intuitives, empaths etc.) that have felt weird or strange or like they don't fit in to accept & embrace who they are so they can be their authentic self, find their unique voice and discover their soul's mission and create that soulful profitable business that allows them to be financially free and finally live the fulfilled life of their dreams while making a huge impact on the world and experiencing true freedom.

I don't believe in one-size-fits-all and I don't believe you will achieve your dreams by hustling and working hard(er). Instead I help you discover what makes you uniquely you and teach you how to use your natural born talents & gifts within your business to create that soulful, profitable business with ease, flow and alignment.

My Tag line is "From Transfucked to Transformed" and I am living proof that you can leave behind a shitty life that is making you miserable and create a life for yourself that makes your heart sing.

Interested? Then ask me how: <https://www.hspcoachbarbera.com>

## **Could this possibly be you?**

- You feel like there is more to life than what you are currently experiencing and you often wonder : "Is this really it? Is this all there is in life?" But at the same time you know, you feel deep down inside: "NO, there is more to life than this!"
- You feel like you have a mission here on earth, but you also feel like you are not connected to it yet.
- You feel like you have so much to offer this world, but you don't know how to turn it into a career or a profitable business.
- You are sick and tired of feeling sick and tired and you are ready to take your life into your own hands to finally create a life for yourself that is fulfilling and rewarding.

### **Or maybe:**

- You already are a soulful business owner, but are struggling to make it profitable and might even be on the verge of giving it up, feeling like this entrepreneurship thing is just not for you.
- Despite being proud of what you offer you find the very thought of selling your services sleazy and salesy and you feel uncomfortable and anxious when faced with holding a sales conversation with a potential client.
- You are afraid of putting yourself out there, making yourself visible and as a result you are

either not attracting any clients at all or you are not attracting the right type of clients and they are few and far between.

- You took a sales & marketing course, webinar or program and maybe even hired a coach, but these methods they taught you are not working for you.

## **What do I do?**

I help:

- intuitive ambitious aliens,
- soulful seekers,
- sensitive leaders,
- highly sensitive, intuitive & empath entrepreneurs,
- mission-driven soulpreneurs,
- heart-centered solopreneurs

with:

- their personal development,
- their (high)sensitivity,
- their soulful entrepreneurship,
- getting clear on what is really important,
- being their authentic self,
- finding their unique voice,
- connecting to their soul's mission,
- effortlessly attracting soul aligned clients,
- doing marketing and sales from the heart using their gifts,
- becoming financially free,
- having a rewarding, soulful, profitable business,
- living a fulfilling life

by: -

- giving them the BOOST they need,
- helping them ACCEPT themselves and be PROUD of who they are,
- teaching them all about their talents, gift & capacities,
- helping them overcome limiting beliefs,
- concurring obstacles that are holding them back,
- giving them the energy, confidence, and courage they need,
- helping them take MASSIVE action,
- helping them have a HUGE IMPACT on the world,
- sharing with them PROVEN methods & strategies to get them to their dream life.

**If this resonates, let's book a call and let's get to know each other! <https://bit.ly/2GBoqPk>**

**Sources:**

Inspirational talks by Leslie Fieger & Bob Proctor.